

## FOREVER LOVE - Part 2, FUN

1. In the beginning of the video, we spoke of the importance fun and how in Ecclesiastes 3:1 we read, "*There is a time for everything, and a season for every activity under the heavens...*". It goes on to say in verse 4 there is "*a time to laugh.*" There is even a time to laugh! What fun things did you do together

- What fun things did you do together when you were first dating or married?

2. What "FUN" traits do you see in your spouse?

3. In the video we talked about the importance of establishing a "date night." Every couple needs time that is carved out just for them. It's a way of connecting and making sure each of you are healthy and it gives us a chance to express our needs, wants and joys.

- Do you have a consistent date night? If not, what steps can you take to make that a reality in your marriage?

4. Think back on your favorite date with your spouse. Take turns recalling your favorite date, either before marriage or since! What would your ideal date with your spouse look like now? Be specific!

\*We all have difficult seasons in marriage. Maybe you are in one right now and the thought of going on a date with your spouse isn't at all appealing. If this is you then we encourage you to muster up the courage, faith or whatever you need inside to spend even 30 minutes doing something fun with him/her that involves NO conversation about past hurts. You never know, a little FUN might just open a door to some good conversation that will lead to steps of real healing in your marriage!